

Waipuna
Halswell-Hornby-Riccarton Community Board
MINUTES ATTACHMENTS

Date: Tuesday 12 July 2022
Time: 5pm
Venue: Rārākau: Riccarton Centre,
199 Clarence Street, Christchurch

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LONGITUDINAL WHĀNAU SUPPORT

Te Whare Awhero (Hope House) will be running a longitudinal whānau support project, providing long-term, community and relationship-based support to children and families of the Hei Hei and Broomfield community. To prepare for this, we conducted a literature review and interviewed community workers across the Greater Hornby area to determine the needs for longitudinal whānau support in our local community.

For the full report and reference list, head to: tewhareawhero.org/publications

LITERATURE REVIEW



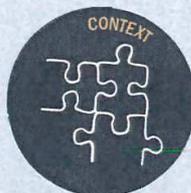
Though it takes time, the trust building process between client and worker is key to a successfully engaged relationship which can lead to long-term support.

"By building relationships with trust and understanding, agencies can provide services and guidance that help client's deal effectively with barriers to their success." - Kahne & Bailey, 1999



When community-based work is grounded within said community, it can strengthen connections to community, allowing people to feel a sense of belonging and be encouraged to contribute.

"By strengthening naturally occurring networks and support systems in the community, it allows the strength of these connections to move outwards to help and support more members of the community." - Sanders, Munford, & Maden, 2009



The personal context of the client and social contexts like the socio-economic status of the area, the political climate and the community they identify with must be taken into account to make for the best outcomes.

"People are able to be met and understood in their local realities and life contexts when in community programs." - Heath & McLaughlin, 1994



When foundational support and relationships are formed in a positive light rather than during a negative event, trust will already be built for the client to utilise when in crisis.

"Prevention programs that begin earlier in life have lasting impacts to adulthood." - Nelson, Westhues & McLeod, 2003



Services need to be culturally aware and respectful to foster the trusting and empowering relationship between client and worker, especially in a multicultural community like Hornby.

"Findings point to the complex role of culture and minority status and the need for systems to develop and offer culturally responsive programming." - Barrio, 2000

COMMUNITY ENGAGEMENT



Though Hornby is a passionate and connected community for the longitudinal whānau support project to grow, there are still several things to consider: Aotearoa's mental health crisis, the large traumatic events that have happened in Christchurch, the cultural context of this community and everyday life events that can impact families.

"If they have the opportunity & means to help, they will." - Community worker



The initial engagement phase of this project will be about listening to families, understanding where they are at, and then walking with them to achieve their goals.

"It should be a hand up, not a hand out." - Community worker



Being able to understand that families know what is best for them, and that sometimes it's just finding that extra person that will help them achieve their goals will ensure that the trusting relationship will remain strong.

"We don't know what's best for families, they do." - Community worker



To work with families for the benefit of their tamariki and to let them see that they can achieve anything will bring value to their lives.

"Anything for our kids." - Community worker



After completing a literature review and interviews with community professionals, we can see that the next step will be consulting community members to see what they would want and need from this project. This will involve community engagement with some of those hard to reach families. Successfully engaging and getting community perspective allows the project to be tailored to the community and has them be a part of the process.