

**Waitai**  
**Coastal-Burwood Community Board**  
**MINUTES ATTACHMENTS**

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**Date:** Monday 16 May 2022  
**Time:** 5.02pm  
**Venue:** Audio/Visual Link

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We want every child to know:

What you have inside is  
greater than any  
obstacle.





**Our story.**

*Our tamariki (young people) are our future  
Not all young people are born into an equal world  
Investment at the right time can change a future  
pathway  
We are at "the top" of the cliff rather than at "the  
bottom"*

**Our Mission:**  
To help kids understand that what they  
have inside is greater than any obstacle.

**Our Values**

- Caring – Manaaki,
- Courageous – Maia,
- Collaborative – Tuhono

## We run four school-based programmes



## School Based Programmes



*Age 5-12*

*With Kiwi Can leaders*

Builds resilience, respect, self-belief and positive relationships.



*Age 12-13-year-old mentees*

*With 16-18 year old mentors*

Gets the transition to high school right & invokes leadership while building school community



*Age 16-18*

*With Business Mentors in groups*

Puts kids on the right track for a career or further study through mentorship, workshops and exposure to jobs and workplace options



*Age 14-15*

*With adult 1:1 mentors*

Steps in for the kids who need it most.

19-21 days in the wilderness which pushes them to build relationships and overcome obstacles before a 12 month mentor programme.

### Our Programmes

- Work in prevention
- Harness Potential
- Involve a connection to the outdoors
- Include community projects
- Use mentorship to connect with students
- Help with reducing negative youth statistics





In a nutshell we're creating  
*magic and wonder* in the classroom everyday.



[Click here to play video](#)





# GRAEME DINGLE FOUNDATION

Empowering kids to overcome life's obstacles  
Whakamanawatia ngā tamariki kia eke panuku

**CANTERBURY**

Attachment 4: Tamariki



**We help young people  
overcome any obstacle**

# **We want every child to know what they have inside is greater than any obstacle.**

The wellbeing of our tamariki (children) is at the heart of Graeme Dingle Foundation Canterbury. We run Kiwi Can, Stars & Project K programmes in schools across the region.

We use fun and safe experiential learning through inspirational classroom leaders, world class mentors and the great outdoors to help our young people keep on track, learn good values and set goals for the future.







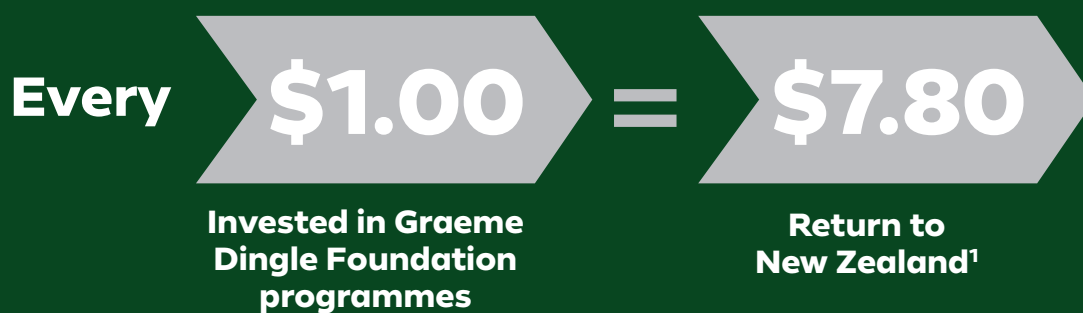


Stars  
Community Project

Attachment A Item 4.1

We believe it is important that we not only do good, but that we can also prove the difference we make. Our programmes transform lives and are informed by best-practice research.

## Your Investment



A 2019 report prepared by Infometrics Research found that every dollar invested in Graeme Dingle Foundation programmes results in an average long term benefit to New Zealand of an estimated \$7.80.

With our University research partners University of Auckland and Massey University, we know our programmes: improve attitudes and behaviour, improve academic results, help young people set and achieve their goals, boost self-confidence, reduce truancy rates and at risk behaviours.

**1. Infometrics Report** – Growing Great Futures – Whakatipu Tamariki Ora 2019

## Our Outcomes Are Proven!

## What People Say:

**“I have learnt how to be respectful and to be kind, fair and happy at school and everywhere I go.”**

Kiwi Can student

**“In Kiwi Can, our children not only benefit from the high quality lessons that are delivered but also from having good role models in their lives that they can aspire to be like.”**

Lyn Satherley, Principal, St Bernadettes School, Hornby

**“At first I thought Stars was just time to get out of class, then when I showed up at Stars, I really enjoyed it. I also found myself contributing to class/group discussions and also working in groups with other students I don’t know”.**

Stars Student

**“When we started the Project K journey in March we were a group of down and out kids that were all for our own reasons on this crazy journey together. This programme taught us HOPE and that we are WORTH more than we might have previously thought of ourselves”.**

Project K Student





## Our Vision, Mission & Values:

### Vision

Aotearoa will be the best place in the world to be young.

### Purpose

Providing our children with tools they need to conquer life's obstacles and succeed.

### Values

Caring - Manaaki, Courageous - Māia, Collaborative - Tūhono.

## The Transformational Journey

Graeme Dingle Foundation's ambition is to have our young people transition through all of our school based developmental programmes – Kiwi Can – Stars - Career Navigator from age 5 through to 18 as a transformational journey that sets them up with a strong platform for adult life and a career.

| Programmes          | Values,<br>Life Skills | Stay in<br>School<br>& Achieve | Career<br>Path | Leadership |
|---------------------|------------------------|--------------------------------|----------------|------------|
| KIWI CAN            | ●                      | ●                              |                | ●          |
| STARS               | ●                      | ●                              |                | ●          |
| CAREER<br>NAVIGATOR | ●                      | ●                              | ●              |            |

Young people with a specific profile are selected or referred through to our specialised programme, Project K.

|           |   |   |   |   |
|-----------|---|---|---|---|
| PROJECT K | ● | ● | ● | ● |
|-----------|---|---|---|---|



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## Kiwi Can

Kiwi Can is a hugely popular programme in Canterbury with over 3500 students participating every week.

In Kiwi Can, the students enjoy a space where they can be themselves, explore new things, be challenged and step out of their comfort zone in a warm, supportive environment.

Many of our students face challenges in their lives. The Kiwi Can leaders teach the students to believe in themselves and to know that what they have inside of them is greater than any obstacle, home or life situation that they might face.

“The sessions are genuinely life changing”. - Principal

## What is Kiwi Can?

Kiwi Can is a life skills and values programme that is delivered to the whole school (Years 1 – 8) by trained Kiwi Can leaders, who are also role models for the children.

The two components of Kiwi Can are

- Weekly class lesson: delivered for 40 weeks of school year
- A Community Project: Giving back to their school or local community

### **Iti rearea, kahikatea tei tei, ka taea**

Even the small rearea bird can ascend to the great heights of the Kahikatea tree

### **Kiwi Can is proven to:**

- Engage students
- Reduce truancy
- Improve listening, communication skills and team work
- Help children play cooperatively and resolve behavioural issues more easily
- Build confidence
- Reduce bullying in schools

### **Why Kiwi Can?**

Because we want our young people to have:

- A sense of self-worth and self-confidence
- The ability to take responsibility and be accountable for their actions
- Valuable life skills
- A 'can do' attitude and a positive approach to the challenges of life

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## Stars

### **Shardey, Hornby High School**

“Sometimes coming from an area where people stereotype and categorize you, it can feel as if you are incapable, and that you have nothing useful to contribute to society. I have suffered from anxiety throughout my life, which set me back a lot throughout Year 9. I wanted to be able to make an impact on the lives of the junior students at my kura, and inspire them to embrace who they are.

From when I first signed up to be a Peer Mentor to now, I am able to notice how much confidence I have gained. I am thankful for the programme, for challenging me to put myself out there more and to overcome these anxieties.

This programme has really helped change my life for the better, in so many ways.”

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Stars | Age 13 with mentors aged 16–18

## What is Stars?

Stars is a full year programme involving Year 9 and Year 12 students achieving dual outcomes. The programme helps the Year 9 students navigate the transition to secondary school through the support of their older peers. The Year 12 students lead weekly themed sessions, growing their confidence & skills in mentoring, presentation and leadership.

The components of Stars include:

- Activity Day: Raft building and high ropes to help build trust and relationships.
- Weekly Sessions: E.g. such as anti bullying, social media management.
- Community Project: Chosen by the students giving back to their community.

### **Tukua kia tu takitahi nga whetu o te rangi**

Let each star in the sky shine its own light

### **Stars is proven to:**

- Develop confidence
- Develop team building
- Develop friendship
- Teach students about contributing back to their community
- Develop leadership opportunities and skills for the Peer Mentors

### **Why Stars?**

This programme provides an effective platform to:

- Help Year 9 students successfully navigate the transition to secondary school
- Develop self-confidence and resilience
- Promote a team culture, whilst offering mentoring opportunities and leadership skills for senior students
- Facilitate caring relationships between students and between students and teachers
- Develop a sense of responsibility and connectedness to the school and the wider community

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## Project K

### Jaleel, Canterbury

"Last year I was an idiot, I was doing things that I shouldn't be doing, I had little or no respect for anyone, making stupid decisions, physically hurting myself because I was trying to deal with things that I was struggling with.

I lost two people very special to me to suicide and because I hadn't dealt with it, I was basically lost and just scraping by daily. Through my Project K journey, I learnt to make friends with people outside my circle, to give people a chance, to grow as an individual and how to hone in on my team-building skills.

I'm really proud of how far I have come with the help of my mentor Amy & I often wonder what I would be like if I hadn't participated in the programme".



## What is Project K?

Project K is a one year programme designed for Year 10 Students. It involves three parts:

- Wilderness Adventure: A 19 day expedition in the Southern Alps covering 220kms by mountain bike, abseiling and tramping.
- Community Challenge: Students undertake a community project giving back to the community supporting them.
- Individual Mentoring: Mentoring from a trained adult mentor, to continue their development and achievement of individual goals.

**Whaia te pae tawhiti kia tata, whaia te pae tata, whakamaua kia tina**

Seek out the distant horizons, cherish those you attain

### Project K

- Improves self-confidence
- Positively impacts school attendance and academic achievement
- Improves social skills
- Reduces negative behaviour such as smoking and truancy
- Improves motivation

### Why Project K?

This programme aims to equip Year 10's with:

- The confidence to set challenging goals and the motivation to achieve them
- The ability to form positive social relationships with peers and family
- The ability to interact with adults to obtain the support and resources they need
- The motivation to pursue education and employment
- A connection with community
- A positive attitude towards health
- The tools to be economically and socially contributing members of society

[dinglefoundation.org.nz/project-k/](https://dinglefoundation.org.nz/project-k/)

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## Our Founders:

**Sir Graeme Dingle and Jo-anne Wilkinson, Lady Dingle.**

**New Zealand mountaineer and adventurer, Sir Graeme Dingle and his wife Jo-anne Wilkinson, Lady Dingle, tell the story of how they were inspired to help improve the wellbeing of New Zealand's tamariki and rangatahi after a trip to the Arctic in the early 1990s...**



The poverty and the societal dysfunction we witnessed in some Arctic communities made us feel lucky to be Kiwis. But when we returned to Aotearoa, we discovered our statistics in similar areas were not good. In fact, New Zealand's statistics were some of the worst in the OECD.

Many of us are unaware that despite living in one of the world's most beautiful places, we have an underbelly of suffering in New Zealand. There are thousands and thousands of vulnerable Kiwi kids who are bullied, depressed and who lack confidence. They need help.

In 1995, we started Project K with an aim to treat the cause of the suffering, not the symptoms -- helping transform and guide these precious young lives towards a positive future.

Today, the Graeme Dingle Foundation offers a range of programmes for children and young people aged 5-24. We collaborate with hundreds of schools, businesses and community organisations throughout Aotearoa, working to inspire our young people and improve outcomes for thousands of Kiwi kids.

Your support can help us to continue to grow our programmes and reach in the wider Canterbury region.

**We are confident we can achieve this with your support.**

## Invitation to Join our Waka

Your support will enable us to continue to deliver life changing programmes in our Canterbury community where there is a growing need.

### Get our updates!

If you are interested in signing up to our quarterly newsletter, please email us at [office.canterbury@dinglefoundation.org.nz](mailto:office.canterbury@dinglefoundation.org.nz)

### Donate Today!

Your donation will support our tamariki and rangatahi in the following programmes. Donate below via internet banking.

**\$30**

1 x Kiwi Can/  
Stars student  
for 1 month

**\$80**

1 x Project K  
student  
contribution

**\$220**

1 x Kiwi Can/  
Stars student  
for 1 year

**\$6,600**

1 x Kiwi Can  
class per year

Please deposit your donation into Graeme Dingle Foundation Canterbury bank account following the details below.

**Account Number:** 06-0801-0503070-00

**Particular:** Surname/Company

**Reference:** Donation

Or email us at [office.canterbury@dinglefoundation.org.nz](mailto:office.canterbury@dinglefoundation.org.nz)

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**Our regional programmes are delivered throughout Christchurch and Mid and South Canterbury thanks to the support of our current Major Partners.**

**Corporate Sponsors:**

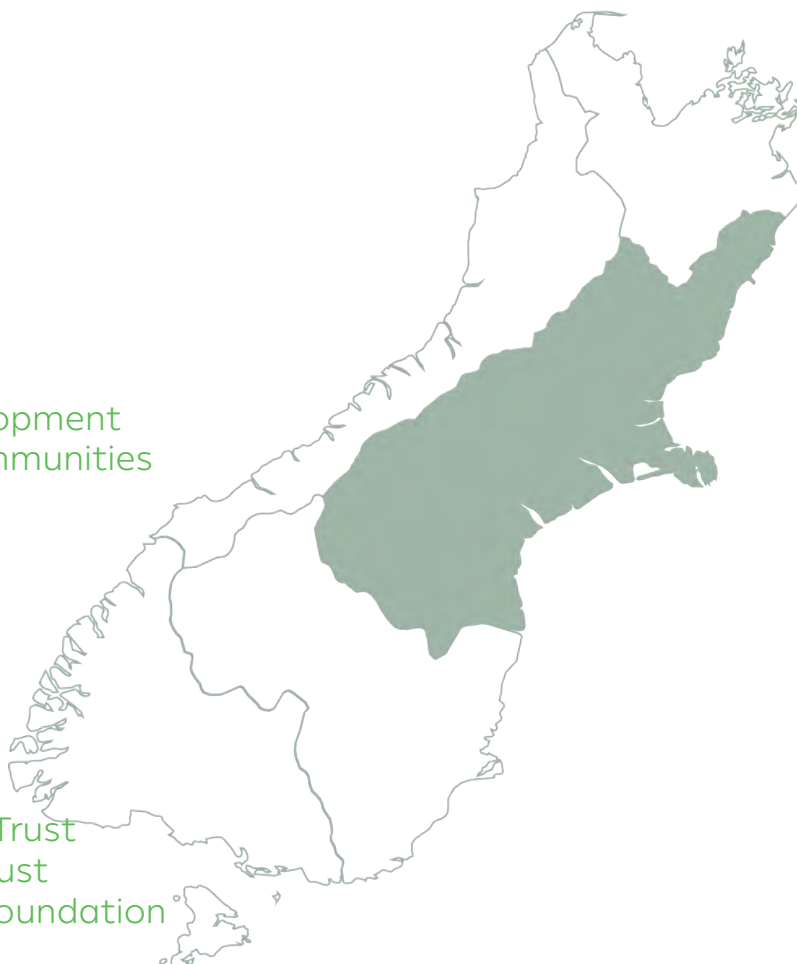
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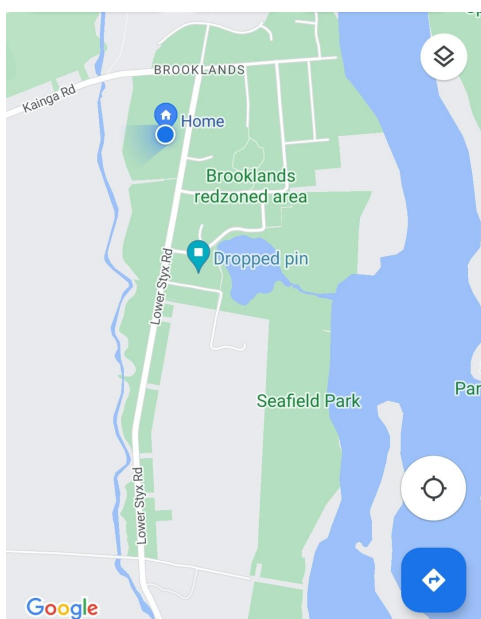


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**CANTERBURY**

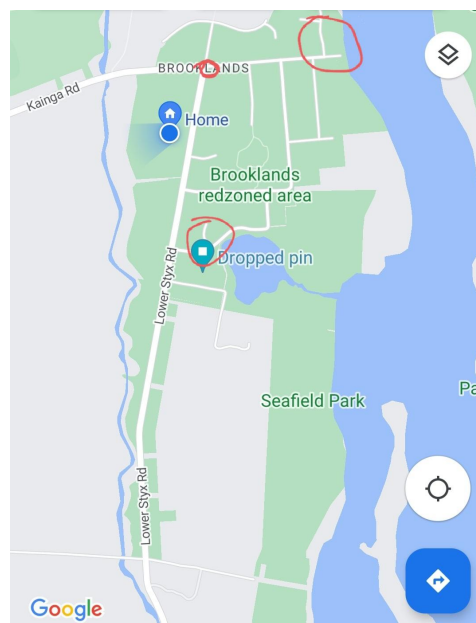
# Brooklands Community Boy/Girl Racer Issue



## Problem

On a weekly basis we have cars coming out to do burnouts and race along our roads. On a daily basis we have cars speeding above the 50km limit as high as 100km. Car's get stolen, dumped and burnt out in Brooklands, this is a huge safety issue especially when they do it close to trees. Majority of the residents here have no insurance. These are not issues that

only occur at certain times, these happen day and night, we urge for help to make our roads safer.



Above I have circled some critical areas that I have observed being an issue since moving here 3 years ago. The length of Lower Styx Road is where the majority of the speeding happens.

I have a written snapshot of car related issues reported in our local facebook group over the past few months.

## Positive

We do currently have some positive use of our roads in the area and we would like to highlight and make it better for these people too. Regularly we have flocks of road cyclists that have us on their regular track. On the weekends we get learner drivers coming out

and practicing on the roads, which the residents more than welcome.

## Resolution

I have done a fair amount of thinking and reading on potential fixes that will help ensure the roads are safe.

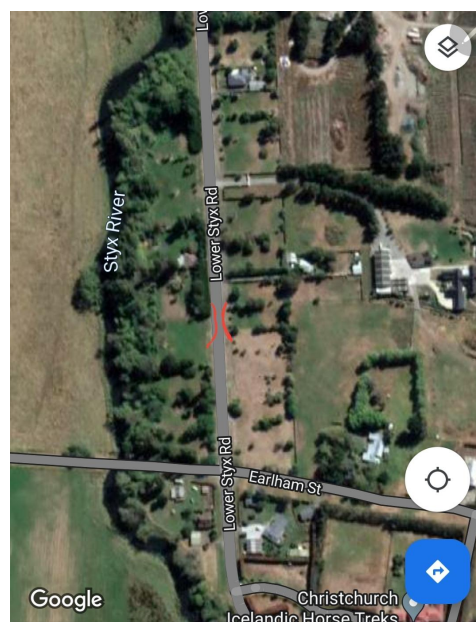
“Road Diets” are a reduction in the width of the road to make space for other uses like bike and pedestrian lanes. This has been done effectively to many streets in Christchurch already.



Chicanes, is a winding curve designed rather than occurring naturally in a road. Since our roads are already designed, adding islands and narrowing the roads to one lane would be the best option along Lower Styx Road. These can be beautifully planted with natives and add to the environment.

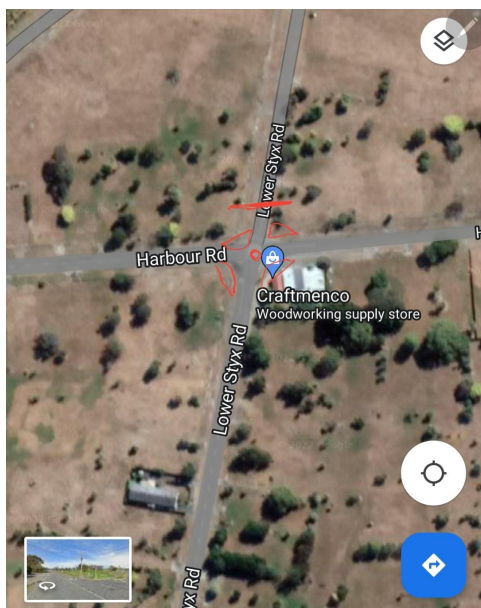


This would also benefit when we have road flooding issues to help slow down the traffic. In the picture below this would be a multiple beneficial location. Slowing down the traffic from the 80km part of the road, slowing traffic down near Ruth's house which floods regularly and traffic driving fast only make her property worse.

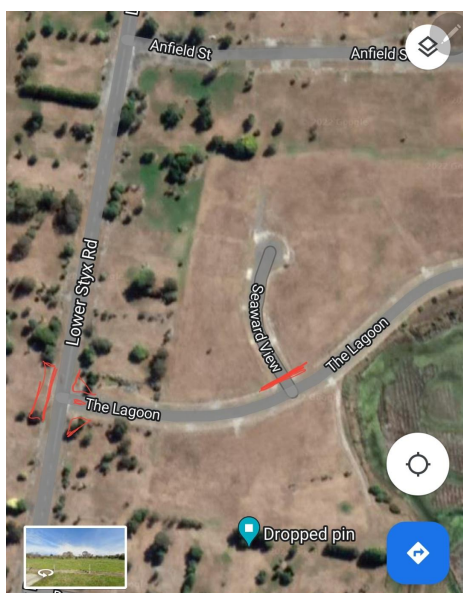


Roundabouts, the location which would benefit from this the most is the intersection of Harbour Road & Lower Styx Road. There is currently a gate blocking off the north side of Lower Styx Road. This area is regularly used for donuts and burnouts. As I am writing this I can hear a car's wheels squealing in that location. By adding an island or roundabout that obstructs the ability to do this.

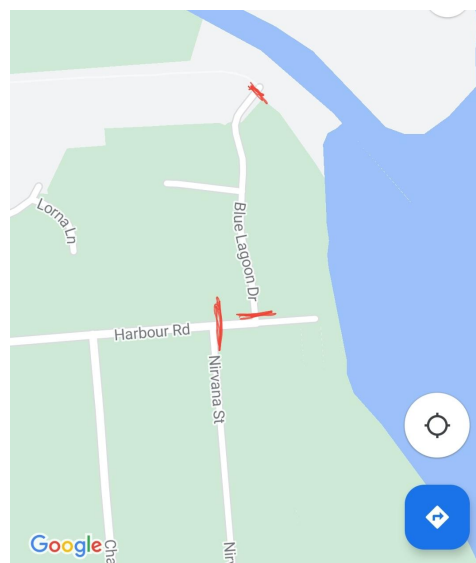




Islands & Road Edging, adding these in locations will also obstruct car's from doing burnouts and donuts. These could be wooden planter boxes, large rocks and landscaping, or concrete islands.



Gates, currently there is a gate that shuts at night to stop cars driving on the bank to the lagoon on Blue Lagoon Drive. Outside the gate is a cul de sac great for donuts, a suggestion is to move that gate to the start of Blue Lagoon Drive or the Start of Nirvana Street, blocking car access at night. This is even more doable now that the domain toilets are back up and running.



There has also been a suggestion about making Brooklands a gated community. We already have a council bylaw that is not currently enforced in the area. By blocking off the entrance to Brooklands in the evenings only would reduce crime in the area. This could be done with code access for the residents.

Security Cameras, installing a form of CCTV has also been a suggestion from residents in the area. A concern with this is will anything be done with the footage.

Bumpy & Road Marks, in London it has been proven that removing the white centre line and keeping the road bumpy but not dangerous slows drivers down by 7.2km. Drivers rely on the white line to guide them by removing it they feel the need to slow down.

Colourful or Surface Changes, it is also found that by painting the road or changing the type of surface can also reduce speed.